



UNIT 4 | SESSION 2

GOD DELIVERED HIS PEOPLE

EXODUS 5-12

CHRIST CONNECTION:

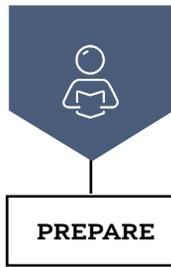
God kept the Israelites safe. Everyone who trusts in Jesus is kept safe from the punishment for sin.

BIG PICTURE QUESTION:

Does God keep His promises? Yes, God always keeps His promises.

KEY PASSAGE PHRASE:

God keeps His promises. Numbers 23:19



YOUR HEART TO TEACH



LEADER Bible Study

God’s heart is for His people. When the Israelites cried out to the Lord, He heard them and had a plan to rescue them from their suffering.

That’s why God called Moses back to Egypt. Though Moses had been raised among the royal household in Egypt, his heart was for his own people too. God chose Moses to deliver the enslaved Israelites after a series of plagues.

God’s purpose in sending the plagues was not only to get His people out of Egypt; the plagues would put God’s power on display and stand as acts of judgment against the Egyptians. (See Ex. 7:4-5.) The plagues made life in Egypt uncomfortable. In some instances, the people suffered terribly.

The plagues did convince some of Pharaoh’s officials to take God’s word seriously, but other Egyptians—including Pharaoh—refused to humble themselves. It was the tenth plague, the death of the firstborn, that finally got Pharaoh to send the Israelites out of his land.

The heart of the gospel is found in the story of the Passover. The Israelite people were sinful; they deserved death just as much as the Egyptians did, but God graciously provided a way out to keep the promises He made to Adam and Eve in Genesis 3 and to

Abraham in Genesis 12 and 15.

At the Passover, the Israelites killed a lamb instead. By marking their doorposts with the blood of a lamb, the Israelites were spared from the judgment and death they deserved.

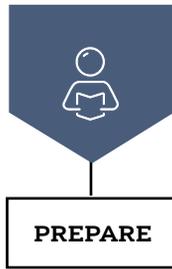
God kept His promise to rescue His people from the power of the Egyptians. Each year, the Israelites remembered this miraculous event by observing the Passover festival.

Jesus never sinned, but He was crucified for our sins. We too are deserving of death, but the blood of Jesus—the Lamb of God—covers all who trust in Him and sets us free from sin and death.

God is faithful to keep His promises. He calls us to remember that Jesus has freed us from slavery to sin so we are free to live for His glory.

TERMS TO KNOW

Passover feast: Hebrew feast to remind the Israelites of how God delivered them from slavery in Egypt. Passover was celebrated by Jesus and His disciples and is still celebrated by Jewish people today.



YOUR HEART TO TEACH

GATHER Supplies

Keep a supply of the following items available during all teaching sessions: Allergy Alert, Bibles, washable markers, crayons, scissors (adult use), blunt-tipped scissors, construction paper, copy paper, glue sticks, glue, tape, baby dolls, blocks, play dough, and a beanbag.



WELCOME

Find items in a box

- box used in “Examine a basket” activity from session 1, or a medium-sized box (Keep box to use in sessions 3 and 4)
- Big Picture Question Poster
- Bible Story Picture
- adhesive bandage



LEARN

Look in the box

- box used in “Find items in a box” activity

Remember the troubles

- latex-free, plain adhesive bandages, 1 per child

Say the key passage phrase

- Key Passage Phrase Marker



LOVE

Play with vehicles

- toy vehicles
- masking tape

Look at books

- picture books or magazines with pictures of frogs, gnats, flies, and locusts
- small nonbreakable magnifying glasses (optional)



LIVE

Draw on dark paper

- dark-colored construction paper, 1 page per child
- white crayons or white chalk
- self-adhesive labels with the key passage phrase printed on them, 1 per child

Look at a map and sing

- “McDonald Family Photo” printable
- “I Am Giving” printable
- world map

Snack and transition

- snacks
- Activity Page, 1 per child



BONUS

Say the key passage phrase

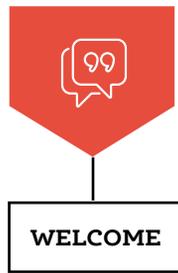
- Key Passage Phrase Marker

Pack for a trip

- clothes
- socks
- empty, travel-sized containers
- small suitcases or bags

Make faces in a mirror

- nonbreakable handheld mirrors



Provide as many learning activities as possible from the *Love* and *Live* sections to give preschoolers choices to learn. Incorporate the Bible story, the Christ connection, and key passage phrase in your conversation as the preschoolers engage in learning activities throughout the session.

WELCOME

Use the following activity to greet children as they enter the classroom. Talk about the big picture question and answer. After each child completes the welcome activity, encourage him to participate in the activities provided from the *Love* and *Live* sections of the leader guide.

FIND ITEMS IN A BOX

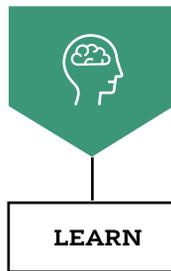
Use the box from the “Examine a basket” activity in session 1. If the box is unavailable, attach the big picture question poster to the outside of a box.

Place this session’s Bible story picture poster, an adhesive bandage, and a Bible turned to Exodus 5 in the box. Greet preschoolers at the classroom door. Show them the big picture question poster as you read the question. Suggest children look in the box. Talk about the different items. Keep this box to be used in sessions 3 and 4.

SAY “ I am so glad that you are in our class today. The Bible tells us that ‘God keeps His promises.’ You found an adhesive bandage in this box. We will hear a story about ten troubles that God sent to the people of Egypt. One of those troubles was people had sores on their bodies. God promised to keep His people safe. God keeps His promises. ”

Transition from **WELCOME** to **LEARN**





THE STORY OF THE GOSPEL

LEARN the Bible Story

1 LOOK IN THE BOX

Encourage preschoolers to help bring the box used in “Find items in a box” activity to group time. Work together to slide the box across the floor to the group time area. Sing the song “God Keeps His Promises” as you work together. The words to “God Keeps His Promises” are found in the “Sing a song” activity. Open the box and rediscover its contents. Show the adhesive bandage to preschoolers. Ask them why they think someone would need to use an adhesive bandage. Show the Bible story picture poster as you tell the story.

SAY “ Today we will hear a story about different troubles people experienced in Egypt. One of the troubles was people got sores on their skin. Let’s listen to a Bible story about a promise God made to keep His people safe. ”

2 TELL THE BIBLE STORY

Open your Bible to Exodus 5 and tell the following Bible story.

GOD DELIVERED HIS PEOPLE

SAY “ God had a plan to rescue His people in Egypt. He told Moses to talk to the king of Egypt. He said, “This is what God says: Let My people go.”

But the king did not let the people go. So God punished the Egyptians.

He sent ten troubles. God sent frogs and then gnats into Egypt. He sent flies. Then the animals got sick. The king did not let God’s people go. The people got sores on their skin. Locusts ate the plants.

The king said, “Go!” But then he changed his mind.

Then God sent darkness. But the king said, “No!”

God was going to send one more trouble. God’s people put lamb’s blood over their doors and God kept them safe.

The king said, “Go!” The Israelites left quickly. God led His people out of Egypt to a new land. They were finally free! ”

Christ Connection: God kept the Israelites safe. Everyone who trusts in Jesus is kept safe from the punishment for sin.



THE STORY OF THE GOSPEL

3 REMEMBER THE TROUBLES

Give each child a latex-free adhesive bandage as you ask preschoolers to say one of the troubles that God sent to the Egyptians. Assist preschoolers as needed.

SAY “ God sent ten troubles to the people of Egypt. The king finally let God’s people go. God kept His people safe. ”

4 SING A SONG

Sing the song to the familiar tune of “Frere Jacques.”

“God keeps His promises. God keeps His promises.
Yes, He does. Yes, He does.
God keeps His promises. God keeps His promises.
Yes, He does. Yes, He does.”

5 SAY THE KEY PASSAGE PHRASE

Place the key passage phrase marker in the Bible at Numbers 23:19. Invite a preschooler to open your Bible to the key passage phrase. Say the phrase. Lead preschoolers to squat like frogs and say the phrase in a frog voice with you several times.

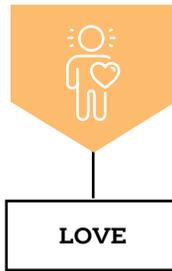
SAY “ God promised to take care of His people. He promised that He would keep them safe. God sent ten troubles and kept the people safe. God kept His promise. He did what He said He would do. We can remember God keeps His promises to us, too. ”

6 PRAY

Pray. Thank God for always keeping His promises. Thank Him for keeping His people safe through all the troubles. Thank Him for taking care of us today.

Transition from **LEARN** to **LOVE**





THE GOD OF THE GOSPEL

LOVE God because of what we learned

1 **PLAY "GO! NO!"**

Guide preschoolers to line up on one side of the classroom. Stand on the other side of the room. When you say "Go!" instruct the children to walk toward you. When you say "No!" tell them they must stop, and not move. Vary the game by having preschoolers tiptoe, walk heel-to-toe, hop, take tiny steps, or take large steps as they move across the room.

SAY "When God's people were in Egypt, Moses asked the king several times to let them go. The king said 'No!' After God sent several troubles, the king said 'Go!' but then he changed his mind. Finally, after the last trouble, the king let God's people go. God kept His people safe."

2 **PLAY WITH VEHICLES**

Provide a variety of vehicles for preschoolers to play with. Consider making roads on the floor with masking tape. As they play, talk with preschoolers about the different types of vehicles they ride in with their family and friends.

SAY "When the king finally said, 'Go!' God's people left quickly. God led His people out of Egypt toward a new land. They did not travel in cars or trucks like we do today; they walked. God kept the Israelites safe."

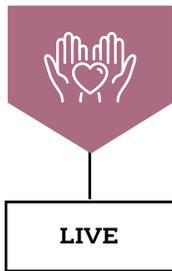
3 **LOOK AT BOOKS**

Provide several picture books, magazines, or photographs of frogs, gnats, flies, and locusts for preschoolers to examine. You might also want to provide small nonbreakable magnifying glasses so that preschoolers can explore the books and pictures closely.

SAY "When the king would not let God's people go, God sent troubles to the people in Egypt. He sent frogs, gnats, and flies. He even sent locusts to eat the plants. What do you think it would be like to have bugs or frogs around you? How would you have felt? God kept the Israelites safe during the troubles. Everyone who trusts in Jesus is kept safe from the punishment of sin."

Transition from **LOVE** to **LIVE**





THE MISSION OF THE GOSPEL

LIVE for God out of love

1 **DRAW ON DARK PAPER**

Print the key passage phrase on self-adhesive labels. Place dark-colored construction paper and white crayons or chalk on a table. Distribute a piece of paper to each preschooler. Invite children to draw. Give each child a label with the key passage phrase to add to her drawing. Read the key passage phrase, reminding preschoolers that God kept His promise to protect His people.

SAY “ One of the troubles that God sent was darkness. The Bible says that it was so dark that the people could not see anything. What do you think it would be like if it were dark all the time and there was no light? What do you think would be hard to do in the dark? The king still did not want to let God’s people go, but God kept them safe just as He promised He would. ”

2 **LOOK AT A MAP AND SING**



Print the “McDonald Family Photo” and “I Am Giving” printables. Lay the printables and a world map on a table. Show the “McDonald Family Photo” to the preschoolers. Ask them what they remember about Eric and Heather McDonald (Heather is a nurse, and Eric is a doctor. They went to Tanzania to help people feel better.) Locate the state of Alabama and the country of Tanzania on the map. Talk about how far Alabama is from Tanzania. Tell the children that the doctors at the hospital where Eric and Heather work are from Alabama too. A church in Alabama heard the doctors needed more space to work, so they gave money to help build a new part of the hospital just for children. Lead preschoolers to sing “I Am Giving” several times. Words are found on the “I Am Giving” printable. Demonstrate the motions.

SAY “ Not everyone like the McDonald family can go to another country to help people. But a church in Alabama decided to help a hospital in Africa to make the hospital bigger so the missionaries could tell more people about Jesus. Let’s pray that more churches would give money to missions so missionary families like the McDonalds will have everything they need to help people and tell them about Jesus. ”

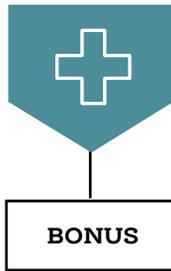
3 **SNACK AND TRANSITION**



Post an allergy alert. Serve the snack. As children eat, review and talk about the Bible story. When children finish snack, lead them to complete the activity page. As they work, continue talking about the Bible story and emphasize the Christ connection.

SAY “ God kept the Israelites safe. Everyone who trusts in Jesus is kept safe from the punishment for sin. ”

Remember to communicate helpful information to the bonus teaching hour leaders. If parents are picking up children at this time, tell them something their child did well during the session. Distribute the big picture cards for families. Encourage parents to engage with the family discussion starters and family activities during the week.



TEACHING HOUR

BONUS Teaching Hour Group Time

1 COUNT TO TEN

As children move to group time, invite them count to ten with you aloud. Tell them that God sent ten troubles to the people in Egypt.

2 TALK ABOUT THE BIBLE STORY

Open the Bible to Exodus 5. Use the summarized points below to talk about the Bible story.

GOD DELIVERED HIS PEOPLE

- God had a plan to rescue His people in Egypt. He told Moses to talk to the king of Egypt.
- But the king did not let the people go. So God punished the Egyptians.
- He sent ten troubles. God sent frogs and then gnats into Egypt. Some of the other troubles were that animals got sick and the people got sores.
- God was going to send one more trouble. God's people put lamb's blood over their doors, and they were safe.
- The king said, "Go!" The Israelites left quickly. God led His people out of Egypt to a new land.

3 SING A SONG

Sing the song below to the tune of "Frere Jacques."

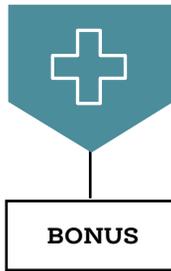
"God keeps His promises. God keeps His promises.
Yes, He does. Yes, He does.
God keeps His promises. God keeps His promises.
Yes, He does. Yes, He does."

4 SAY THE KEY PASSAGE PHRASE

Place the key passage phrase marker in the Bible at Numbers 23:19. Invite a child to open your Bible to the key passage phrase. Encourage preschoolers to use a high, squeaky voice to say the phrase with you. Then lead them to say the phrase in a low, deep voice.

5 PRAY

Pray, thanking God for keeping His people safe and always keeping His promises.



TEACHING HOUR

BONUS Teaching Hour Activities

6 COLLECT TEN ITEMS



Encourage preschoolers to collect items from the classroom in groups of ten. The items could be ten blocks, ten crayons, ten chairs, or ten of any other item in the room. Count the items together. For an extended activity, suggest children form groups of ten different items.

SAY “ We collected items to make groups of ten. Some of the groups had the same items and other groups had different items in them. The king of Egypt refused to let God’s people go, so God punished the Egyptians. He sent ten different troubles. How do you think the Egyptians felt about these troubles? How would you have felt if you were there when God sent the troubles? God kept the Israelites safe. Everyone who trusts in Jesus is kept safe from the punishment for sin. Why do you think that God sent these troubles? ”

7 PACK FOR A TRIP

Place clothes, socks, travel containers, and suitcases or bags on a table. Invite children to help pack for a trip. Demonstrate how to fold clothes and other items as preschoolers place them in the bags and small suitcases. Ask preschoolers about trips they have taken and if they have ever helped pack. Be sensitive to children who may not have taken trips.

SAY “ What do you take with you when you go on a trip? What do you think God’s people took with them when they left Egypt? Moses asked the king several times to let God’s people leave Egypt. They left quickly when the king finally said they could leave. God led His people out of Egypt toward a new land. ”

8 MAKE FACES IN A MIRROR

Place several nonbreakable mirrors on a table. As you talk with preschoolers about the Bible story, encourage them to make faces in the mirrors to show the different emotions the people may have experienced. For example, ask preschoolers to look in the mirror and make a face to show how God’s people may have felt when the king would not let the people go, when frogs and bugs came, when they had sores on their skin, and when the king finally let them go.

SAY “ We made faces in the mirror showing how God’s people may have felt. The king did not let God’s people go. God sent ten troubles to the people in Egypt. The king finally let God’s people go. God kept His promise to keep His people safe. God keeps His promises today too. Make a face in the mirror to show how this makes you feel. We can thank God for keeping His promises. ”

Release preschoolers to parents according to your church’s security procedure. Tell them something that their child enjoyed doing or did well during the session.